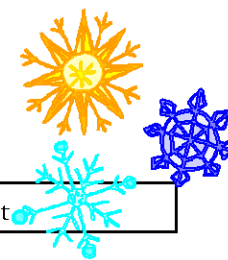


# Yaletown House Programs for January 2019



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

**Program Location Key:**

L - Lounge                      CR - Craft Room  
2 - 2nd Floor    GH - Green House  
3 - 3rd Floor                      AF - Alternate Floors  
4 - 4th Floor

**New Years Day**

			1 10:00 Rest & Refresh - 2 10:30 Anglican Mass- CR 1:00 Make and Mend - L 1:30 Pet Visits - AF 1:30 Color Me Calm - L 2:30 Tavern & Tunes - L 6:00 Sing Along - L	2 10:00 Dancercise - L 11:00 Music Circle - 3 1:15 Musical Visits - AF 1:30 Fit from Head 2 Toe- L 3:00 Tavern Opens	3 9:00 Art with Emily - L 9:30 Gentle Sounds-2 10:00 Travel Times - L 10:45 Musical Visits-L 1:45 Ice Cream Social-L 3:00 Tavern Opens	4 9:00 Coloring Corner - L 10:30 Knitting Group - L 2:00 Yoga - L 3:00 Tavern Opens	5
6 10:30 Fireside Songs -L	7 10:00 Seasonal Craft- CR 10:45 Rhythm & Moves - 2 1:30 Church Service - L 3:00 Tavern Opens 5:30 Art with Emily -L	8 9:30 Exercises - L 10:00 Garden Group - GH 1:00 Flower Arranging - AF 2:00 Minstrel Music - AF 3:00 Tavern Opens 3:30 Circle Games	9 9:30 5 Card Bingo - L 10:00 Full Circle - 2 1:00 Make and Mend - L 1:15 Resident Council - L 1:30 Color Me Calm - L 3:00 Tavern Opens 6:00 Sing Along - L	10 10:00 Dancercise - L 10:00 Flower Power - GH 11:00 Music Circle - 3 1:15 Perky Planters - GH 1:30 Fit from Head 2 Toe- L 3:00 Tavern Opens 5:30 Manicures - L	11 9:00 Art with Emily - L 9:30 Gentle Sounds-2 10:00 Catholic Mass - L 10:45 Musical Visits-L 1:45 Ice Cream Social-L 3:00 Tavern Opens	12 9:00 Coloring Corner - L 10:30 Music with Walter & Christina - L 10:30 Knitting Group - L 1:30 Youth Music - L 2:00 Yoga - L 3:00 Tavern Opens	
13 10:00 Garden Group - GH 10:30 Fireside Songs -L 2:15 Gardening on 2	14 9:30 Rosary Prayers - CR 10:00 Coffee & Conversation in the lounge 10:45 Rhythm & Moves - 2 1:30 Church Service - L 3:00 Tavern Opens 5:30 Art with Emily -L	15 9:30 Exercises - L 10:00 Garden Group - GH 1:00 Flower Arranging - AF 2:00 Minstrel Music - AF 3:00 Tavern Opens 3:30 Circle Games	16 9:30 5 Card Bingo - L 10:30 Full Circle - 2 1:00 Make and Mend - L 1:30 Color Me Calm - L 2:30 Tavern & Tunes - L 6:00 Sing Along - L	17 10:00 Dancercise - L 10:00 Flower Power - GH 11:00 Music Circle - 3 1:15 Musical Visits - AF 1:15 Perky Planters - GH 1:30 Fit from Head 2 Toe- L 3:00 Tavern Opens 5:30 Manicures - L	18 9:00 Art with Emily - L 9:30 Gentle Sounds-2 10:00 Travel Times - L 10:45 Musical Visits-L 1:45 Ice Cream Social-L 3:00 Tavern Opens	19 9:00 Coloring Corner - L 10:30 Active Games - L 10:30 Knitting Group - L 1:30 Movie Matinee - CR 2:00 Yoga - L 3:00 Tavern Opens	
20 10:30 Fireside Songs -L	21 10:00 Coffee & Conversation in the lounge 10:45 Rhythm & Moves - 2 1:30 Church Service - L 3:00 Tavern Opens	22 9:30 Exercises - L 2:00 Minstrel Music - AF 3:00 Tavern Opens 3:30 Circle Games	23 10:30 Full Circle - 2 1:00 Make and Mend - L 6:00 Sing Along - L	24 10:00 Dancercise - L 11:00 Music Circle - 3 1:15 Musical Visits - AF 1:30 Fit from Head 2 Toe- L 3:00 Tavern Opens 5:30 Manicures - L	25 9:30 Gentle Sounds-2 10:00 Catholic Mass - L 10:45 Musical Visits-L 1:45 Ice Cream Social-L 3:00 Tavern Opens	26 9:00 Coloring Corner - L 10:30 Active Games - L 10:30 Knitting Group - L 1:30 Movie Matinee - CR 2:00 Yoga - L 3:00 Tavern Opens	
27 10:00 Garden Group - GH 10:30 Fireside Songs -L 2:15 Gardening on 2	28 9:30 Rosary Prayers - CR 10:00 Coffee & Conversation in the lounge 10:45 Rhythm & Moves - 2 1:30 Memorial Service - L 3:00 Tavern Opens	29 9:30 Exercises - L 1:00 Flower Arranging - AF 2:00 Minstrel Music - AF 3:00 Tavern Opens 3:30 Circle Games	30 9:30 5 Card Bingo - L 10:00 Rest & Refresh - 2 10:30 Full Circle - 2 11:00 Lunch Outing 1:00 Make and Mend - L 1:30 Pet Visits - AF 2:30 Tavern & Tunes - L 6:00 Sing Along - L	31 10:00 Dancercise - L 11:00 Music Circle - 3 1:15 Musical Visits - AF 1:30 Fit from Head 2 Toe- L 3:00 Tavern Opens 5:30 Manicures - L			