

# YALETOWN HOUSE FOUNDATION

*Friend Making and Fundraising in Our Community*

WINTER 2010

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*Left: Hosts Jan and Mike Volker, Middle top, Ardis Nelson (Foundation President) and Carol Crichton (Executive Director), Middle Bottom: Family Member Eileen Hendry with Volunteer Lisa Viger and Right: Volunteers Mila Sioson and Marjorie Inocencio*

## **BY THE SEA FUNDRAISER WAS A BIG SUCCESS**

The seas were calm and the crew was in fine form for Yaletown House's *BY THE SEA* Fundraiser event held on September 26. Hosted by Board Member Jan Volker and her husband Mike, the Yaletown House Team welcomed over 100 guests aboard the Volker home in West Vancouver for fabulous food, live dance music, and silent auction treasures.

*BY THE SEA* was also supported by a galley of volunteers who helped us raised \$27,901 for Yaletown House Foundation's renovation campaign, Quality of Life Starts at Home.

Extra special gratitude to: Jan and Mike Volker, Hosts; Terry Oaken, Chef; and Paul Martin, Bar Keep.

Thanks also to: Volunteer Mates: John Moonen, Mike Wyness, Al Werenko, Holly Oaken, Marie Moonen, Bonnie Werenko, Lara Volker, Dierdra Caprani David Mazzei, Rob Oaken, Steve Hodge, Tyler Volker, Andrea Seale, Ardis Nelson, Dianne Mazzei, Margot Fraser, Wendy Smith, Lisa Viger, Marianne Goco Ramsay, Mila Sioson, and Marjorie Inocencio.

Our generous sponsors: Pearl Sponsor: Haddon Equipment, Chemicals Service and Parts  
Octopus Sponsors: Loki Management, Goldcare, Harris and Company, Gordon Food Services, Higher Resources, Maxwell Floor, Sun Glow Foods, Burnaby Irrigation and Extreme Glass

And Many Many Silent Auction and Raffle donors

The Newsletter of Yaletown House Foundation



## MAYOR ROBERTSON LAUNCHES DUET BICYCLE PROGRAM

On August 31, Carol Crichton, Executive Director and Ardis Nelson, Foundation President, welcomed Vancouver Mayor Gregor Robertson who officially launched Yaletown House's NEW Duet Bicycle Program.

Along with residents, families, board members, staff, volunteers and media guests, Mayor Robertson took Yaletown House resident Brian Hewer out for a spin along the seawall. Brian said it was a thrill to be out in the community.

The bike was made possible thanks to several generous donors including RBC Foundation and Volunteer, Glen Paul (In Memory of Bob Ambler). We are currently raising funds to purchase a second bike (for safety and companionship). Already \$6,000 has been donated and we hope to raise the final \$4,000 before Spring 2010. To learn more about donating to our second bike, contact Lynn Parkin at 604 806-4210.

## IT'S RENOVATION TIME – QUALITY OF LIFE STARTS AT HOME

Once the last piece of Christmas tinsel comes down in the main lounge; the hammer, drills ladders and workmen will come out. Starting in January 2010, and continuing until April, the Main Lounge will begin its transformation to a new and greatly improved Program and Visiting Area. Renovation work will take place in the Dining Room, Family Fireside Lounge, Music Therapy Area, Games/Exercise Area and the Social/TV Area. Many individual donors, foundations, corporations and government agencies have contributed to making this renovation happen and we are grateful to everyone who believed in Quality of Life Starts at Home.



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**STRONGER COMMUNITIES TOGETHER™**

We are pleased to announce a \$5,000 contribution from the national corporate citizenship program of Great-West Life, London Life and Canada Life toward the Exercise/Games area. We appreciate their commitment to building stronger communities, and to helping us in our efforts to provide seniors with therapeutic fitness and recreational opportunities.

# CHRISTMAS 2009

This year's Christmas celebrations were great fun with lots of families and friends in attendance to share in the joy. As always, extra special thanks to Roger McKie of Dressew Supplies, who is the real Santa. With the theme, The Gift of Family, we are pleased to share a poem written by Marlene Gauntley, Recreation Therapist which was read at our Family and Friends Party:

They're not wrapped in boxes with wrappings so neat  
They don't come in stockings with a sales gift receipt  
When gathered together around the bright Christmas tree,  
Is when we all celebrate the gift of our family.

Families bring joy and families bring strife  
They are divinely selected to share our whole life  
Together we face the future and remember our past  
The bond of a family will always last

But those aren't the only people we cherish Christmas day,  
It's the family of friends we make along the way.  
Some stay for moments and others all the way through  
Your friends are the special people chosen by you.

So Merry Christmas to our families, both relative and friend,  
Our love and our thanks to you we send.



*Leroy and his niece Jill share a laugh at the Christmas Party.*



*A gift from Santa puts a smile on Ken's face*

## RESIDENT ROOM RENOVATIONS – QUALITY OF LIFE STARTS AT HOME

**"Closer To Home"** Those are the exact words spoken by John Nairn when he was asked his reasons for donating to the Resident Room Renovations. John, who's wife of 56 years Ann, has been a resident at Yaletown House for many years, explained that he looks forward to the renovations especially in the main lounge where he visits Ann nearly every day. John selected, however to support the 2nd floor resident room Renovations, where Ann lives as he felt his contributions would be closer to home for Ann and the other residents on the floor. Thank you John for your generous gift and thoughtful words.



*Ann and John Nairn*

**We need your help too!** Yaletown House is going to refurbish each resident room with new flooring, wall and window coverings, as well as furnishings (a bureau, desk, bedside cabinet, high back chair, & hutch). The cost is \$7,000 per room. To help raise the funds for these renovations, we are implementing an "Adopt a Room" campaign, seeking donations to underwrite the costs. Families and friends who contribute over \$3,500 (50% of costs) will be acknowledged.

## COMMUNITY SUMMER-TIME FUNDRAISING, ALL SUPPORTING QUALITY OF LIFE STARTS AT HOME

\$1700 – White Elephant Sale Come in for a DEAL, Leave with a BARGAIN was the theme for Yaletown House's first White Elephant Sale held in late July. In addition to raising money, live music, face painting and a volunteer recognition party made the daylong event fun and profitable. In total, we raised over \$1700 from the items sold and misc. donations.

\$790 – Movie Night at David Lam Park Thank you to the Yaletown Rotary for selecting Yaletown House as its Charity of Choice and raising \$555 from popcorn sales at the annual Community Movie Night. Also congratulations and thanks to the Yaletown Business Improvement Association and James Schouw for sponsoring the highly successful community movie night. Another special thanks to CIBC Yaletown Branch, a corporate participant, for promoting fundraising activities prior to the movie start and donating another \$235.

# JAN VOLKER, BOARD MEMBER YALETOWN HOUSE FOUNDATION

## By Lynn Parkin

As the old saying goes, "If you want something done, give it to a busy person." For this volunteer profile, I would go a step further and say, "If you want something done with a lot of enthusiasm, kindness, creativity and fun, give it to Jan Volker."

Jan Volker has been a member of the Yaletown House Foundation Board for 2 years; however, she is no stranger to Yaletown House. From 1992 to 2001, Jan was our Head Nurse (now known as Clinical Practice Manager) overseeing the care department staff. Since leaving us Jan has tried to retire several times but her love of people, being busy and taking on good causes kept her in the job market. Post Yaletown House includes six years as the Coordinator for St. James Society overseeing three homes for people with mental health issues in Vancouver's Downtown Eastside. At present, she is an instructor at Douglas College in the Registered Nurse (RN) training program. As well, she is doing research work for UBC on issues pertaining to residential care and is a member of the Ministry's of Health's Patient Quality Review Board (handling 3 Lower mainland regions). If this isn't enough, Jan also volunteers weekly for a seniors Keep Well Program, is a 10 year veteran as a rescue volunteer for the Coast Guard and teaches Sunday school at her community church. At this point I was pretty sure I had all of her roles, but of courses, this busy lady (and new grandmother of two) had one more role. She recently started up an organization, called The Social Concern Group, which gets involved in supporting third world developing countries. Jan tells me, the Group of up to 40 likeminded concerned citizens helped implement a water irrigation system in Kenya that reduces the need for the town's people to carry water long distances.

Married to Mike for forty years, they have 4 children and 2 grandchildren. A 20 year Vancouverite, Jan was born and raised in Ontario where she attended school to receive her Bachelor of Science degree and Registered Nurse training from the University of Toronto. Since then, she has added a Masters of Education to her resume.

When I asked her about coming back in a fundraising capacity, Jan said she was happy to be back as Yaletown House is a part of her life. She is delighted to see many of the same staff from her days as Head Nurse and believes this longevity speaks volumes for the way all staff are treated. She is excited to be a part of the Quality of Life Starts at Home campaign and is definitely someone who really likes to roll up her sleeves to get the job done (as well of the sleeves of her husband and their many friends). This was certainly evident in the recent fundraising event held at Jan and Mike's home on September 26. BY THE SEA welcomed over 100 guests to a fabulous evening of food, fun and of course fundraising. After raising over \$27,901 from the event, Carol Crichton, Executive Director, cannot say enough thanks for everyone's generosity. "In addition to Jan and Mike opening their hearts and home, we are also grateful to the contributions of the volunteers, staff, donors, guests, suppliers and friends who helped make BY THE SEA truly a success. It was a collective effort - but we couldn't have done it without Jan and Mike!"

We close the interview with Jan explaining how important family is to her and to our residents. "The success of this campaign will create a better home for the residents to welcome their families and friends — seniors deserve our best"

Thanks Jan - glad to have you back!



**"Seniors deserve our best —  
they have worked hard for us"**  
- Jan

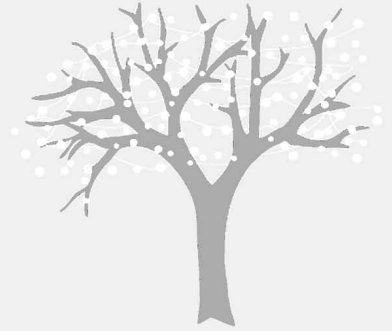
# MEMORIAL GIFTS

Many families and friends choose to make a donation in lieu of sending flowers to the bereaved. You can make a donation to the Yaletown House Foundation in memory of someone very special to you. We will send an acknowledgement of the gift to the appropriate family member(s) and we will also send you a thank you card and issue you a receipt for income tax purposes. As part of our memorial program, the name of the resident is permanently placed on our Memorial Recognition Wall at Yaletown House. Memorial Gifts help us support services that directly benefit our residents.

**Thank you for your kind contribution. For more information, call Lynn Parkin at 604-806-4210 or email [lparkin@yaletown.org](mailto:lparkin@yaletown.org)**

We would like to acknowledge the family and friends of:

- \* Betty Darimont
- \* Joan Jacobsen
- \* Bob Ambler



Yes, I want to be a part of Yaletown House's success.

I would like to contribute with a gift of:

\$50    \$100    \$250    \$500    Other \_\_\_\_\_

I would like to make this gift:

one time    monthly    annually

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I would like this donation to be anonymous.  
(Do not include me in donor listings.)

I would prefer to donate securities.  
(Donating publicly traded securities is more tax-effective than giving cash.)

You can make a secure online donation using your credit card by following the Donate Now links on [www.yaletown.org](http://www.yaletown.org)

Please make cheques payable to: Yaletown House Foundation.

We respect your privacy and never disclose, trade, or share your private information. We would like to add you to our mailing list to keep you informed of activities, fundraising projects and events.

Please check here  if you do not want to be added to our mailing list.

Charitable Registration #89249 4444 RR0001. All donations are tax deductible.  
Thank you for contributing towards the vibrant future of Yaletown House.



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# PORTRAITS OF LIFE

“It is really important to be happy.” - Frank



*Yaletown House resident Frank Modonese one of the 19 fascinating lives detailed in the publication Portraits of Life.*

Portraits of Life is a testament to the depth and wealth of stories that are waiting to be told by all seniors. Inside the pages are first-hand accounts of history to tell, personal stories to share as well as Rules for Living that should be heard. Contact Ana at 604 689-0022, local 300 to purchase your copy for \$35.



## CREDIT CARD DONATIONS ARE QUICK AND EASY

Go to [www.yaletown.org](http://www.yaletown.org) and follow the Donate Now Link. Yaletown House utilizes the non-profit charity portal **CanadaHelps** to process its credit card donation. This is a safe and efficient way of giving on line. Donors get a charitable tax receipt for 100% of their gift and an instant tax receipt directly from CanadaHelps. As well, all individuals that donate via CanadaHelps will receive to get a thank you letter from our Executive Director.

## SAVE ON TAXES WHILE YOU SUPPORT YALETOWN HOUSE FOUNDATION

Looking for a smart way to support the the **Quality of Life Starts at Home** campaign? Donating appreciated securities is the most tax-effective way to give. For example, A \$10,000 gift of stock could cost you just \$3,882 after all tax credits are counted. This is a savings of \$1,748 compared to giving the same amount in cash. Yaletown House Foundation can help you transfer the shares and explain the process in detail. For a confidential discussion of the possibilities, please contact Lynn Parkin, Director of Communications at (604) 806-4210 or email [lparkin@yaletown.org](mailto:lparkin@yaletown.org)