

Yaletown Programs for July 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

L - Lounge
CR - Craft Room
CY - Courtyard
F - Floors

2 - 2nd Floor
3 - 3rd Floor
4 - 4th Floor



1
Canada Day
Holiday

2
10:00 Exercises - L
10:00 Full Circle on 2
1:15 Full Circle on 3
5:30 Music Lovers - L

3
9:30 Duet Bike
10:00 Active Games - L
10:00 Gentle Sounds on 2
12:30 Crib with David - L
1:30 Chess Club - L
1:30 Musical Visits - F

4
9:30 Bowling - L
10:00 Crib with Katie - L
10:00 Canada World Cup Game - L
1:00 Manicures - L
1:30 Piano with Martin - L

5
10:00 Music Circle - L
1:00 Musical Visits - F

6
10:00 Church Service - L
1:15 Full Circle on 4
1:30 Table Games - L
2:30 Crib with Karen - L

7
9:30 Duet Bike
10:00 Exercises - L
11:15 Flower Arranging - GH
1:00 Fifa Game on Big Screen
1:15 Chess Club - L

8
10:00 Exercises - L
11:00 Picnic Bus Outing
1:45 Active Games - L
5:30 Sing Along - L

9
10:00 Exercises - L
10:00 Full Circle on 2
10:45 Painting Group - L
1:15 Full Circle on 3
1:30 Gentle Connections - 2
5:30 Music Lovers - L

10
9:30 Duet Bike
10:00 Rhythm & Moves - 2
12:30 Crib with David - L
1:30 Chess Club - L
2:30 Friday Sing Along - L

11
No programs or tavern today

12
10:00 Music Circle - L
1:00 Musical Visits - F

13
10:00 Church Service - L
10:00 Second Floor Visits - 2
1:15 Full Circle on 4
1:30 Resident Family Council-L
2:30 Crib with Karen - L

14
11:15 Flower Arranging - GH
1:15 Chess Club - L
1:30 Garden Group - L
2:00 Piano Party - L
3:00 Pocket Gardens - F

15
10:00 Anglican Service - CR
10:00 Exercises - L
11:00 Picnic Bus Outing
2:45 Garden Group - L
5:30 Sing Along - L

16
10:00 Exercises - L
10:00 Full Circle on 2
10:45 Painting Group - L
1:15 Full Circle on 3
1:30 Gentle Connections - 2
2:00 Current Events - CR
5:30 Music Lovers - L

17
9:30 Duet Bike
10:00 Rhythm & Moves - 2
12:30 Crib with David - L
1:30 Chess Club - L
1:30 Friday Sing Along - L

18
No programs or tavern today

19
10:00 Seond Floor Visits - 2
10:00 Music Circle - L
12:00 World Cup Final! - L

20
10:00 Catholic Mass - L
1:15 Full Circle on 4
1:30 Table Games - L
2:30 Crib with Karen - L

21
9:30 Duet Bike
10:00 Exercises - L
11:15 Flower Arranging - GH
1:15 Chess Club - L
1:30 Garden Group - L
2:00 Piano Party - L
3:00 Pocket Gardens - F

22
10:00 Exercises - L
1:45 Ice Cream Social - CY
2:45 Garden Group - L
5:30 Sing Along - L

23
10:00 Exercises - L
10:00 Full Circle on 2
1:15 Full Circle on 3
1:30 Gentle Connections - 2
5:30 Music Lovers - L

24
9:30 Duet Bike
10:00 Active Games - L
12:30 Crib with David - L
1:30 Chess Club - L

25
9:30 Bowling - L
10:00 Crib with Katie - L
10:30 Music with Walter & Christina - L
1:00 Manicures - L
1:00 Coloring & Beading - L

26
10:00 Sensory Moments - 2
1:30 Shuffleboard - L

27
Spiritual Care Visits - F
1:30 Table Games - L
2:30 Crib with Karen - L

28
9:30 Duet Bike
10:00 Exercises - L
11:15 Flower Arranging - GH
1:15 Chess Club - L
1:30 Garden Group - L
2:00 Piano Party - L
3:00 Pocket Gardens - F

29
10:00 Exercises - L
1:45 Ice Cream Social with Jeff Bryant - CY
2:45 Garden Group - L
5:30 Sing Along - L

30
Spiritual Care Visits - F
10:00 Exercises - L
1:30 Gentle Connections - 2
5:30 Music Lovers - L

31
9:30 Duet Bike
10:00 Active Games - L
12:30 Crib with David - L
1:30 Chess Club - L

The tavern is open daily from 3:00p.m. to 3:30 p.m.